

WAIPAHU INTER. SCHOOL

BREAKFAST & LUNCH SSO MENU

FEBRUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B: Cereal w/ Cinnamon Crisps Pineapple Chunks, Fresh Fruit Lunch: Cheese Bites w/ Marinara sauce Romaine Salad, Carrots Fresh Fruit, Power Punch juice	B: Pineapple Sunrise Surprise Power Punch Juice, Fruit Cocktail Lunch: Fish Sandwich Veggie Sticks w/ dip Fruit Slush, Pine Chunks	B: Cereal, w/ Cheez-Its, Fresh Fruit, Pineapple Chunks Lunch: Corndog, Baked Beans Carrots, Broccoli, Corn Fresh Fruit, Fruit Cocktail	B: Fruited Muffin, Peaches Power Punch juice Lunch: Chicken Sandwich Rainbow Salad, Edamame Fresh Fruit, Pine Chunks	B: Cereal,w/ Marshmallow square Fresh Fruit, Pineapple Chunks Lunch: Popcorn Chicken, Rice Corn, Carrots, Peaches Power Punch juice
8 <i>Teacher Institute Day</i>	B: Cinn. Raisin Bagel w/ cream cheese Power Punch juice, Craisins Lunch: Pepperoni Pizza Romaine Salad, Carrots Fresh Fruit, Pineapple Chunks	B: Cereal, w/ Cheez-Its, Fresh Fruit, Fruit Cocktail Lunch: Cheese Burger, Fries Carrot sticks, Fruit Slush Fruit Cocktail	B: Coffee Cake, Pine Chunks Power Punch juice Lunch: Chicken Tenders, Rice Carrots, Broccoli, Corn Baked Beans, Pine Chunks Power Punch juice	B: Cereal,w/ Marshmallow square Fresh Fruit, Peaches Lunch: Pastrami Sandwich Veggie Sticks w/ dip, Edamam Fruit Slush, Pine Chunks
15 <i>Presidents' Day</i>	B: Cereal w/ Cinnamon Crisps Fruit Cocktail, Fresh Fruit Lunch: Cheese Pizza Romaine Salad, Carrots Fresh Fruit, Power Punch juice	B: Cereal, w/ Cheez-Its, Fresh Fruit, Pineapple Chunks Lunch: Chicken Patty w/ gravy, Rice Corn, Carrots, Broccoli, Baked Beans, Pine Chunks Power Punch juice	B: Plain Bagel, w/ cream cheese Power Punch juice, Peaches Lunch: Tuna Sandwich Veggie Sticks w/ dip, Edamame Fruit Slush, Pineapple Chunks	B: Cereal,w/ Marshmallow square Fresh Fruit, Pineapple Chunks Lunch: Chicken Broccoli, Rice Romaine Salad, Fresh Fruit Fruit Cocktail
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1 Lunch:	2 Lunch:	3 Lunch:	4 Lunch:	Lunch:

Daily Alternate Breakfast Choices: Alt. #1 Cereal & Toast, Alt. #2 Yogurt and Toast, Alt. #3 Cereal & Yogurt, Alt. #4 Toast w/ jelly, & Alt. #5 Cheese Toast. All meals include choice of 1/2pt 1% or Chocolate Skim Milk. Menu subject to change without notice. "This Institution is an equal opportunity provider."



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